Zen HEADSPA



SESSION	SINGLE	5 SESSIONS (SHARABLE)*
ESSENSU (30 mins) + FREE Blow Dry (15 mins)	$69	SOLD OUT
SAKURA (45 mins) + FREE Blow Dry (15 mins)	$99	~~$495~~ $399
HEIWA (70 mins) + FREE Blow Dry (15 mins)	$119	~~$595~~ $479
SHIZUKA (85 mins) + FREE Blow Dry (15 mins)	$139	~~$695~~ $559

MILBON PLUS	SINGLE
HEIWA SPECIAL (75 mins) + FREE Blow Dry (15 mins)	$159
SHIZUKA SPECIAL (90 mins) + FREE Blow Dry (15 mins)	$179

ADD ON

Curling hair/flat iron	$25	Hydro jelly mask	$10
Dandruff brushing	$20	Micro-mist hot oil treatment	$35
Face exfoliation	$10	Scalp, neck and shoulder massage	$15
Facial Skin Tightening Massage	$20	Scalp exfoliation	$15
Milbon Collection Upgrade *(premium Japanese hair care products)*	$40		

zenheadspa-oc.com

*5-session packages can be redeemed by multiple people at the same time or saved for future visits.
No hidden fees

BOOK NOW
714-855-7577

ESSENSU | 45 MINS

$69

30 mins course + FREE Blow Dry (15 mins)

Ideal for first-time guests, a refreshing scalp-focused treatment to relieve tension and boost circulation.



1. AROMA THERAPY & FACIAL ACUPRESSURE

A calming essential oil experience designed to relax the mind and awaken the senses. Before the session, you will choose your preferred scent to personalize your experience.



2. SCALP MASSAGE WITH SALT AND OIL

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



3. MASSAGE SHAMPOO

Our certified shampoo is selected to suit your hair and scalp type, enriched with nourishing ingredients for a deep cleanse. Our melting massage technique deeply relaxes the mind.



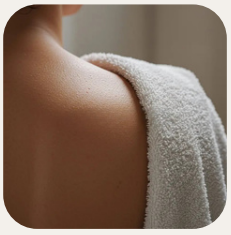
4. HAIR TREATMENT

Hair treatment products are carefully chosen based on your hair and scalp condition. Our signature treatment replenishes nutrients from within, leaving hair smooth, healthy, and easy to run your fingers through.



6. NECK, SHOULDER & DÉCOLLETÉ MASSAGE

A focused massage to release tension in the neck and shoulders. Pressure is adjusted to your preference to relax muscles, improve circulation, and restore comfort.



5. HOT TOWEL

A warm towel is applied after the massage to further relax and loosen muscles, enhance comfort, and remove any excess product.



7. FREE BLOW DRY (UP TO 15 MINS)

Your therapist will gently dry your hair with a brush and apply a light protective layer. We'll finish with simple, light styling based on your preference so you leave feeling refreshed and beautiful.

ESSENSU | 45 MINS

$69

30 mins course + FREE Blow Dry (15 mins)

Ideal for first-time guests, a refreshing scalp-focused treatment to relieve tension and boost circulation.

ADD ON

Curling hair/flat iron	$25	Hydro jelly mask	$10
Dandruff brushing	$20	Micro-mist hot oil treatment	$35
Face exfoliation	$10	Scalp, neck and shoulder massage	$15
Facial Skin Tightening Massage	$20	Scalp exfoliation	$15
Milbon Collection Upgrade *(premium Japanese hair care products)*	$40		

SAKURA | 60 MINS

$99

45 mins course + FREE Blow Dry (15 mins)

For deeper relaxation, combining scalp therapy with gentle facial cleansing to refresh both mind and skin.



1. AROMA THERAPY & FACIAL ACUPRESSURE

A calming essential oil experience designed to relax the mind and awaken the senses. Before the session, you will choose your preferred scent to personalize your experience.



2. SCALP MASSAGE WITH SALT AND OIL

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



3. FACE CLEANSING

A gentle facial cleanse to remove impurities and refresh the skin, preparing it for optimal absorption of treatments.



4. CUCUMBER MASK

A soothing cucumber mask applied to calm, hydrate, and reduce skin stress, leaving the complexion refreshed and balanced.



5. MASSAGE SHAMPOO

Our certified shampoo is selected to suit your hair and scalp type, enriched with nourishing ingredients for a deep cleanse. Our melting massage technique deeply relaxes the mind.



6. HAIR TREATMENT

Hair treatment products are carefully chosen based on your hair and scalp condition. Our signature treatment replenishes nutrients from within, leaving hair smooth, healthy, and easy to run your fingers through.



7. MOISTURIZING & SUN PROTECTION

A lightweight moisturizer is applied to restore hydration, followed by sunscreen to protect and seal in moisture for healthy, glowing skin.

SAKURA | 60 MINS

$99

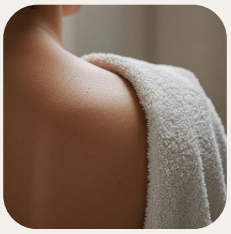
45 mins course + FREE Blow Dry (15 mins)

For deeper relaxation, combining scalp therapy with gentle facial cleansing to refresh both mind and skin.



8. NECK, SHOULDER & DÉCOLLETÉ MASSAGE

A focused massage to release tension in the neck and shoulders. Pressure is adjusted to your preference to relax muscles, improve circulation, and restore comfort.



9. HOT TOWEL

A warm towel is applied after the massage to further relax and loosen muscles, enhance comfort, and remove any excess product.



10. FREE BLOW DRY (UP TO 15 MINS)

Your therapist will gently dry your hair with a brush and apply a light protective layer. We'll finish with simple, light styling based on your preference so you leave feeling refreshed and beautiful.

ADD ON

Curling hair/flat iron	$25	Hydro jelly mask	$10
Dandruff brushing	$20	Micro-mist hot oil treatment	$35
Face exfoliation	$10	Scalp, neck and shoulder massage	$15
Facial Skin Tightening Massage	$20	Scalp exfoliation	$15
Milbon Collection Upgrade *(premium Japanese hair care products)*	$40		

HEIWA | 85 MINS

$119

70 mins course + FREE Blow Dry (15 mins)

For full relaxation, blending advanced scalp care with facial treatment and a collagen mask.



1. AROMA THERAPY & FACIAL ACUPRESSURE

A calming essential oil experience designed to relax the mind and awaken the senses. Before the session, you will choose your preferred scent to personalize your experience.



2. SCALP MASSAGE WITH SALT AND OIL

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



3. FACE CLEANSING

A gentle facial cleanse to remove impurities and refresh the skin, preparing it for optimal absorption of treatments.



4. FACIAL MASSAGE & TIGHTENING ROLLER

A relaxing facial massage combined with a tightening roller to help improve circulation, tone the skin, and enhance facial contours.



5. COLLAGEN MASK

A nourishing collagen mask applied to support skin elasticity, hydration, and a smooth, youthful appearance.



6. MASSAGE SHAMPOO

Our certified shampoo is selected to suit your hair and scalp type, enriched with nourishing ingredients for a deep cleanse. Our melting massage technique deeply relaxes the mind.



7. HAIR TREATMENT

Hair treatment products are carefully chosen based on your hair and scalp condition. Our signature treatment replenishes nutrients from within, leaving hair smooth, healthy, and easy to run your fingers through.

HEIWA | 85 MINS

$119

70 mins course + FREE Blow Dry (15 mins)

For full relaxation, blending advanced scalp care with facial treatment and a collagen mask.



8. COOLING JADE ROLLER

A cooling jade roller gently glides over the skin to soothe, reduce puffiness, and help close pores while locking in moisture for a refreshed, radiant glow.



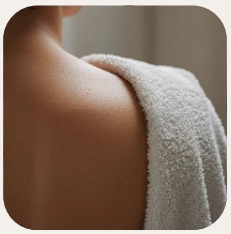
9. MOISTURIZING & SUN PROTECTION

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



10. NECK, SHOULDER & DÉCOLLETÉ MASSAGE

A focused massage to release tension in the neck and shoulders. Pressure is adjusted to your preference to relax muscles, improve circulation, and restore comfort.



11. HOT TOWEL

A warm towel is applied after the massage to further relax and loosen muscles, enhance comfort, and remove any excess product.



12. FREE BLOW DRY (UP TO 15 MINS)

Your therapist will gently dry your hair with a brush and apply a light protective layer. We'll finish with simple, light styling based on your preference so you leave feeling refreshed and beautiful.

ADD ON

Curling hair/flat iron	$25	Hydro jelly mask	$10
Dandruff brushing	$20	Micro-mist hot oil treatment	$35
Face exfoliation	$10	Scalp, neck and shoulder massage	$15
Facial Skin Tightening Massage	$20	Scalp exfoliation	$15

SHIZUKA | 100 MINS

$139

85 mins course + FREE Blow Dry (15 mins)

Perfect for deep hair conditioning and repair, featuring intensive scalp care, hot oil treatment, and extended relaxation.



1. AROMA THERAPY & FACIAL ACUPRESSURE

A calming essential oil experience designed to relax the mind and awaken the senses. Before the session, you will choose your preferred scent to personalize your experience.



2. SCALP MASSAGE WITH SALT AND OIL

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



3. FACE CLEANSING

A gentle facial cleanse to remove impurities and refresh the skin, preparing it for optimal absorption of treatments.



4. FACIAL MASSAGE & TIGHTENING ROLLER

A relaxing facial massage combined with a tightening roller to help improve circulation, tone the skin, and enhance facial contours.



5. COLLAGEN MASK

A nourishing collagen mask applied to support skin elasticity, hydration, and a smooth, youthful appearance.



6. MASSAGE SHAMPOO

Our certified shampoo is selected to suit your hair and scalp type, enriched with nourishing ingredients for a deep cleanse. Our melting massage technique deeply relaxes the mind.



7. HAIR TREATMENT

Hair treatment products are carefully chosen based on your hair and scalp condition. Our signature treatment replenishes nutrients from within, leaving hair smooth, healthy, and easy to run your fingers through.

SHIZUKA | 100 MINS

$139

85 mins course + FREE Blow Dry (15 mins)

Perfect for deep hair conditioning and repair, featuring intensive scalp care, hot oil treatment, and extended relaxation.



8. MICRO-MIST HOT OIL TREATMENT

A nourishing hot oil treatment delivered with a micro-mist to enhance absorption, deeply hydrate hair, and restore softness and shine.



9. COOLING JADE ROLLER

A cooling jade roller gently glides over the skin to soothe, reduce puffiness, and help close pores while locking in moisture for a refreshed, radiant glow.



10. MOISTURIZING & SUN PROTECTION

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



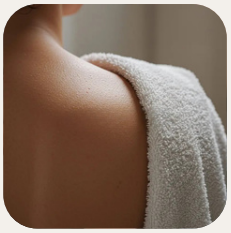
11. NECK, SHOULDER & DÉCOLLETÉ MASSAGE

A focused massage to release tension in the neck and shoulders. Pressure is adjusted to your preference to relax muscles, improve circulation, and restore comfort.



12. ARMS & HANDS MASSAGE

A soothing massage focused on the arms and hands to release tension, improve circulation, and promote deep relaxation.



13. HOT TOWEL

A warm towel is applied after the massage to further relax and loosen muscles, enhance comfort, and remove any excess product.



14. FREE BLOW DRY (UP TO 15 MINS)

Your therapist will gently dry your hair with a brush and apply a light protective layer. We'll finish with simple, light styling based on your preference so you leave feeling refreshed and beautiful.

***Add on services available**

MILBON

Zen HEADSPA X MILBON

Upgrade with Milbon Collection

#1 PROFESSIONAL HAIR CARE

Trusted by salons across Japan and around the world, Milbon is recognized as the leading professional hair care brand in Japan. Built on decades of scientific research and innovation, Milbon develops advanced formulas that address both hair and scalp concerns at their source, delivering salon-quality results that last.

WHY MILBON

At Zen Head Spa, we believe exceptional results require exceptional products. That's why our Premium Treatments feature Milbon's luxury collections, carefully selected to nourish the scalp, strengthen the hair, and elevate your overall relaxation experience.

BENEFITS

- ✓ **Promotes a healthier scalp environment**
- ✓ **Deeply hydrates and nourishes hair**
- ✓ **Repairs and strengthens damaged strands**
- ✓ **Enhances softness, shine, and manageability**
- ✓ **Helps control frizz and humidity**
- ✓ **Supports color vibrancy and longevity**
- ✓ **Customized for different hair and scalp needs**
- ✓ **Professional salon-quality formulas from Japan**



Milbon Product Upgrade: +$40

PRODUCTS

SCALP

Purifies, hydrates, and balances the scalp to help reduce dryness, oiliness, itchiness, and dandruff.



REPAIR

Repairs and strengthens damaged hair, restoring softness, shine, and resilience.



COLOR PRESERVE

Hydrates color-treated hair while helping maintain vibrant, long-lasting color.



EXTENDED

Designed to help prolong salon results while maintaining hydration, strength, and shine.



*Products will be selected based on your hair and scalp condition.

Milbon Product Upgrade: +$40

MILBON

HEIWA | 90 MINS

$159

75 mins course + FREE Blow Dry (15 mins)

For full relaxation, blending advanced scalp care with facial treatment, a collagen mask, and the luxurious **Milbon Collection** for enhanced hair and scalp nourishment.



1. AROMA THERAPY & FACIAL ACUPRESSURE

A calming essential oil experience designed to relax the mind and awaken the senses. Before the session, you will choose your preferred scent to personalize your experience.



2. SCALP MASSAGE WITH SALT AND OIL

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



3. FACE CLEANSING

A gentle facial cleanse to remove impurities and refresh the skin, preparing it for optimal absorption of treatments.



4. FACIAL MASSAGE & TIGHTENING ROLLER

A relaxing facial massage combined with a tightening roller to help improve circulation, tone the skin, and enhance facial contours.



5. COLLAGEN MASK

A nourishing collagen mask applied to support skin elasticity, hydration, and a smooth, youthful appearance.



6. MASSAGE SHAMPOO

Experience Japan's leading professional hair care brand with a customized Milbon cleansing ritual. This luxurious scalp and hair treatment gently purifies, nourishes, and revitalizes while a soothing massage promotes deep relaxation.



7. SCALP PROFESSIONAL CLEANSING

Featuring the Milbon Scalp Collection. This professional scalp treatment gently removes buildup while helping restore the scalp's natural balance. Designed for dry, oily, itchy, or flaky scalps, it leaves the scalp feeling clean, refreshed, and healthy.



8. HAIR TREATMENT MASSAGE

Featuring the Milbon Repair Collection. Powered by Milbon's signature SSVR-Silk™ technology, this intensive treatment helps repair damaged hair, restore softness and shine, and improve overall hair integrity.



9. COOLING JADE ROLLER

A cooling jade roller gently glides over the skin to soothe, reduce puffiness, and help close pores while locking in moisture for a refreshed, radiant glow.



10. MOISTURIZING & SUN PROTECTION

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



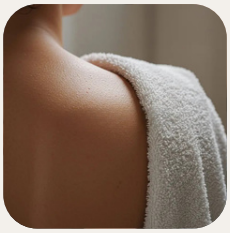
11. SOOTHING SCALP MOISTURIZER

Featuring the Milbon Scalp Collection, this lightweight scalp moisturizer helps soothe dryness, rebalance the scalp, and provide lasting hydration without weighing hair down.



12. NECK, SHOULDER & DÉCOLLETÉ MASSAGE

A focused massage to release tension in the neck and shoulders. Pressure is adjusted to your preference to relax muscles, improve circulation, and restore comfort.



13. HOT TOWEL

A warm towel is applied after the massage to further relax and loosen muscles, enhance comfort, and remove any excess product.



14. FREE BLOW DRY (UP TO 15 MINS)

Your therapist will gently dry your hair with a brush and apply a light protective layer. We'll finish with simple, light styling based on your preference so you leave feeling refreshed and beautiful.

= Milbon Product Applied

MILBON

SHIZUKA | 105 MINS

$179

90 mins course + FREE Blow Dry (15 mins)

Perfect for deep hair conditioning and repair, featuring intensive scalp care, the premium **Milbon Collection**, a nourishing hot oil treatment, and extended relaxation.



1. AROMA THERAPY & FACIAL ACUPRESSURE

A calming essential oil experience designed to relax the mind and awaken the senses. Before the session, you will choose your preferred scent to personalize your experience.



2. SCALP MASSAGE WITH SALT AND OIL

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



3. FACE CLEANSING

A gentle facial cleanse to remove impurities and refresh the skin, preparing it for optimal absorption of treatments.



4. FACIAL MASSAGE & TIGHTENING ROLLER

A relaxing facial massage combined with a tightening roller to help improve circulation, tone the skin, and enhance facial contours.



5. COLLAGEN MASK

A nourishing collagen mask applied to support skin elasticity, hydration, and a smooth, youthful appearance.



6. MASSAGE SHAMPOO

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9. MICRO-MIST HOT OIL TREATMENT

A nourishing hot oil treatment delivered with a micro-mist to enhance absorption, deeply hydrate hair, and restore softness and shine.



10. COOLING JADE ROLLER

A cooling jade roller gently glides over the skin to soothe, reduce puffiness, and help close pores while locking in moisture for a refreshed, radiant glow.



11. MOISTURIZING & SUN PROTECTION

A gentle scalp exfoliation combined with a therapeutic massage targeting the frontal, bilateral temporalis, and occipitalis muscles. This treatment removes buildup, relieves fatigue, and promotes healthy blood circulation for a refreshed scalp and hair.



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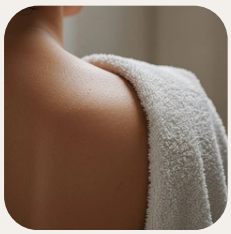
13. NECK, SHOULDER & DÉCOLLETÉ MASSAGE

A focused massage to release tension in the neck and shoulders.



14. ARMS & HANDS MASSAGE

Release tension, improve circulation, promote deep relaxation.



15. HOT TOWEL

A warm towel is applied after the massage.



16. FREE BLOW DRY (UP TO 15 MINS)

Your therapist will gently dry your hair with a brush and apply a light protective layer. We'll finish with simple, light styling based on your preference so you leave feeling refreshed and beautiful.

= Milbon Product Applied