

INNER COMPASS
CANCER FOUNDATION

ANNUAL REPORT 2025

No journey is too tough when the path is shared

https://innercompassfoundation.org

FOUNDATION OVERVIEW

MISSION

We empower cancer patients to focus fully on healing and personal growth by removing financial barriers and supporting their journey toward transformation.

VISION

By 2035, we will provide financial aid and comprehensive support to more than 1,000 cancer families worldwide, enabling them to heal, transform, and grow beyond cancer.

VALUES

- Compassion
- Integrity
- Collaboration
- Empowerment

STAFF

Shahriar Bayat
Founder and Board Member

Elaah Salazar
Operations Director

Fabiana Noel
Program Officer

Paulina Ortiz
Lead Therapist

Ved Sharma
Board Member

Younes MirYazdi
Board Member

Ana Cortes
Clinical Nutritionist

Esmeralda Hdz
Therapist

Susan Esquivel
Wellness Guide

Jess Okanya
Wellness Guide

Evelyn Fallas
Therapist

Milena Radulovich
Psychiatrist



MESSAGE FROM THE FOUNDER



SHAHRIAR BAYAT
Founder

As we come to the close of 2025, my heart is full of gratitude, pride, and renewed purpose. This year has been one of meaningful growth for the Inner Compass Cancer Foundation—growth not only in numbers and programs, but in compassion, connection, and the strength of our community.

At Inner Compass Cancer Foundation, we believe there is a universal currency more powerful than anything money can buy: **the positive energy that comes from helping another human being rise after a setback.**

Our work is rooted in the belief that every act of compassion creates momentum—momentum that carries our patients from fear to courage, from confusion to clarity, and from isolation to empowerment.

This foundation is more than a nonprofit. It is a community of hope, where every family we serve reminds us why we exist and where we empower patients not only to survive this setback but to Thrive!!

Shahriar Bayat.

2025 HIGHLIGHTS



Welcoming Ms. Elaah Salazar as Director of Operations

One of our greatest blessings this year has been bringing Ms. Elaah Salazar into our foundation family. Elaah embodies the integrity, dedication, and heart we all seek in a leader of a nonprofit cancer organization. Her presence has strengthened our operations, elevated our internal culture, and brought a renewed sense of purpose to everything we do.



Expanding Our Nutritional & Therapeutic Team

This year, we proudly added eight qualified coaches, each deeply committed to the emotional , nutritional and mental wellbeing of our patients.

A special recognition goes to Mrs. Paulina Ortiz who is now serving as our Lead Therapist. Her expertise, compassion, and steady guidance have made a profound difference in the lives of the families we support.



OUR 2025

A Year of Strategic Growth, Professional Alliances, and Operational Consolidation

In 2025, Inner Compass Cancer Foundation strengthened its mission, delivering direct, holistic support to cancer patients in Mexico, Turkey, Costa Rica, Peru, and the U.S.

- **Direct Patient Support:**

We prioritized direct aid—providing treatment, emergency help, counseling, holistic therapies, and nutrition—so every donation had real impact.

- **Geographic Expansion:**

We expanded services to Mexico and Peru while strengthening our presence in the U.S. and Costa Rica.

- **Holistic Care Model:**

We enhanced mental health support with psychiatric consultations and wellness programs, addressing all patient needs.

- **Professional Alliances:**

We built partnerships with bilingual experts in psychology, psychiatry, nutrition, and wellness, all committed to comprehensive care.

- **Website & Digital Presence:**

We overhauled our website for better accessibility, clear program info, and a welcoming experience, reflecting our modern, compassionate mission.

- **Organizational Consolidation:**

We strengthened our operations and refined our model, setting a solid base for 2026 expansion and maximizing donor impact through focused, effective support.



IN THEIR OWN WORDS

“I am Sonia Acurio. Today I feel better. Six months ago, when I received the diagnosis that I had rectal cancer, it was very shocking for me. Thanks to the help the foundation gave me, I was able to continue with my treatment, my medications, and my stay in another city.

I am from Cusco, but I had to have the treatment in Lima, a city I don't know and where I have no one. Once again, hope emerged for me, and I knew I had to keep fighting for myself, for my children, and my family. Thank you to all the people who support this program because they are a light of hope at the end of the tunnel.”

SONIA’S JOURNEY:



SONIA ACURIO
Peru



DIANA RIVERO
Mexico

“For those people who are thinking about being part of Inner Compass, I want you to know that your support is not going to waste; truly, your support is benefiting so many people, like me, who have noticed a very big change.

What caught my attention the most about Inner Compass was the emotional help they were giving us because it seems like we only need medication, but that's not the case. The psychology, the nutrition, the therapies—wow!”

DIANA’S JOURNEY:

IN THEIR OWN WORDS

My name is Yesenia Lopez Lopez, I am from Costa Rica, and I have cancer. When I realized what was happening, it was very hard and difficult for me to go through the whole process: the radiation therapies, appointments, and when I was hospitalized.

Thanks to the Inner Compass Foundation enormously; they have been like angels because I never expected help like this. They have been incredibly good to me, and now I can say I have a different life with their help.

YESENIA'S JOURNEY:



YESENIA PEREZ
COSTA RICA



JOSE LUIS CHI
COSTA RICA

I am a brain tumor cancer survivor, and today I feel good. Thanks to Inner Compass, we have more ease with transportation, food, expenses, and the help we need.

I would like to urge and tell everyone who is part of Inner Compass to help the foundation, to give their grain of gold, as that helps many families who are going through this difficult situation.

JOSE'S JOURNEY:

INNER COMPASS FUND:

Reducing Stress and Financial Burden for Cancer Patients

This program offers direct financial aid to cancer patients and families, guiding them through the challenges of diagnosis by focusing on three key support areas:

- **Rent and Housing Costs During Treatment**
- **Essential Living Costs When Paychecks Stop**
- **Medication and Transportation Expenses**

2025 IMPACT

During 2025, the Inner Compass Fund supported more than 15 families, providing assistance for a wide range of urgent needs, including:

- Emergency surgeries and critical medical interventions
- Transportation to treatment centers and therapy sessions
- Daily living expenses such as rent, utilities, and groceries
- Essential items, vitamins, and supplements to strengthen the body during treatment
- Advanced diagnostic imaging and laboratory tests, such as MRIs, CT scans, and other evaluations prescribed by oncologists
- Support for living expenses, enabling the patient to temporarily relocate to another city in order to access specialized treatment

This support not only addressed immediate health concerns but also helped build resilience and hope for patients and their families.



15 + Families

10% Community Programs

20% Life Expenses

30% Tranportation to Treatment

40% Life-Coaching

EMOTIONAL SUPPORT PROGRAM:

Building Resilience and Healing for Cancer Patients

This program supports cancer patients' emotional, psychological, and spiritual needs by connecting them with certified therapists and wellness experts.

We sponsor individual sessions in areas like meditation and cancer recovery, making holistic care accessible to all, regardless of finances.

2025 IMPACT

- **Psychotherapeutic Sessions:**

We provided over 100 individual sessions to build patients' resilience, coping skills, and tailored follow-up care.

- **Professional Network:**

We expanded our team with bilingual therapists, psychiatrists, nutritionists, and wellness coaches who embody our holistic values.

- **Meditation & Breathwork:**

We offered 15+ sessions to help patients manage stress, connect with their bodies, and boost well-being during treatment.

- **Specialized Psychiatric Care:**

In 2025, we provided ongoing psychiatric support—including medication and management—to patients with complex mental health needs, ensuring they felt seen, heard, and empowered throughout their recovery.

Our goal is to ensure that every patient feels seen, heard, and empowered on their journey to recovery.



NUTRITIONAL SUPPORT PROGRAM:

Empowering Cancer Patients Through Personalized Nutrition

This program gives all cancer patients access to expert nutrition care, regardless of finances. Each patient receives a full assessment, a personalized nutrition plan, and ongoing follow-ups with a certified cancer nutritionist.





2025 IMPACT

This year, we supported four patients with diverse and complex needs.

Breast Cancer with Bone Metastasis:
A tailored nutrition plan supported weight loss, reduced fracture risk, and improved key health markers during treatment.

Colorectal Cancer:
Targeted nutrition lowered inflammation, boosting quality of life and treatment tolerance.

Economic Hardship Cases:
Two patients received personalized plans, follow-up, and financial aid to access healing foods.

OUR PROGRAM OUTCOMES

- Improved treatment tolerance and reduced side effects
- Enhanced immune system function during therapy
- Better energy levels and overall wellbeing
- Faster recovery and healing between treatments

Our goal is to remove financial and informational barriers, ensuring every patient can access the nutritional support they need to fight cancer as strongly as possible.



WHAT'S NEXT?

VISION FOR GROWTH

In 2026, Inner Compass Cancer Foundation will strengthen our core programs and expand our reach, staying committed to comprehensive, patient-centered care while connecting with more patients and families.

TOUCHING THE LIVES OF OVER 40 NEW FAMILIES

We will support over forty new families facing cancer, providing emotional guidance, financial relief, and holistic resources that make a real difference.

STRENGTHENING COMMUNITY AWARENESS

Boost awareness with targeted digital campaigns throughout Latin America and the U.S.

GROWING OUR NETWORK OF COACHES AND PARTNER PROVIDERS

We'll keep building a diverse team of experts to support patients at every step and grow our community of champions and volunteers to reach more families.

FUNDRAISING FOR IMPACT

Host our first fundraising event and launch the ICCF Store to diversify our funding and sustain long-term growth.

FINANCIAL REPORT

94%
TO PATIENTS SUPPORT

2025 IN NUMBERS

In 2025, Inner Compass Cancer Foundation deployed a total of **$34,657** in expenses, with 94% allocated directly to program services and patient support.

$51, 889 → **OUR FUNDRAISING IN 2025**

WHERE OUR RESOURCES WENT:

$25,477 → **Direct Patient Financial Assistance** (Initial Treatment Support, Emergency Financial Aid, Housing Assistance)

$7,584 → **Professional Care Team** (Psychologists, Nutritionists, Holistic Coaches, Psychiatrists, Operations)

$1,285 → In **marketing efforts** to expand our reach and connect with more patients in need.

$311 → **Administrative & Operational Costs** (Subscriptions, Bank Fees)

$17,232 → **THE REMAINING BALANCE OF 2525 TO CARRY OVER INTO 2026**

- **In 2025, we prioritized directing funds to patient support**, ensuring every dollar made a meaningful impact for cancer patients and their families.
- **In 2025, our founder and board covered core team expenses, ensuring nearly all donations went directly to patient care and programs.**



THE HEART OF OUR SUPPORT



In 2026, Inner Compass Cancer Foundation will strengthen fundraising to **reach more patients, expand our network, and deepen our impact**—so no one faces cancer alone. Building on 2025's foundation, we're ready to bring hope and care to even more families across the Americas.

None of our work would be possible without the generosity and commitment of those who believe in our mission. To every donor, partner, and advocate—**thank you for being part of our journey.** Your support transforms lives and brings hope to cancer patients and their families.

PRINCIPAL PARTNER SUSTAINERS

- Quality Floors & Homes LLC
- Shahriar Bayat

MAJOR AND MONTHLY SUSTAINERS

- Evan Hackel
- Jatinder Singh

OUR CHAMPIONS OF THE CAUSE

Thank you for spreading the word and connecting us with patients and supporters every day.

- Viviana Rojas Rodríguez
- Keanu Newell

OUR SUPPORTERS

- Ann Hogan
- Dave Hogan
- Stephanie Cumings
- Shervin Bayat
- Keanu Newell
- Arturo Murillo
- Flora Tajalli
- Farnaz Hamedi
- Margaret Donabedian
- Peter Lee
- Adam Joss
- Mario Aventino
- Sohayla Raja
- Tyler Rivera-Larque
- Leili Makki
- Elaah Salazar
- Shadi Zoghi
- Sepi Toloue

In 2026, we hope to continue counting on your invaluable support as we grow our mission and reach more patients in need. Together, we can make a lasting difference.

JOIN
INNER COMPASS

No journey is too tough when the path is shared

Every cancer patient deserves to focus on healing, not on financial ruin or emotional isolation.

Your support is not just a donation; it is a direct investment in a patient's life, transforming fear into hope and struggle into recovery.



WWW.INNERCOMPASSFOUNDATION.ORG

HELLO@NNERCOMPASSFOUNDATION.ORG

WWW.PAYPAL.COM/US/FUNDRAISER/CHARITY/5171862

HELP US REACH OUR GOAL TO SUPPORT OVER 1,000 CANCER FAMILIES.

- **DONATE:** Directly fund emergency financial aid, treatments, and personalized care.
- **VOLUNTEER/PARTNER:** Lend your skills and passion to expand our reach to more families across the globe.

INNER COMPASS STORE

DONATE NOW